



**USAID**  
আমেরিকার জনগণের পক্ষ থেকে



**ACDI VOCA**  
Expanding Opportunities Worldwide

# Disaster

## Risk Reduction Pocket Book



**Muslim Aid**  
Serving Humanity



**PCI**



## Copyright

Programme for Strengthening Household Access to Resources (PROSHAR)  
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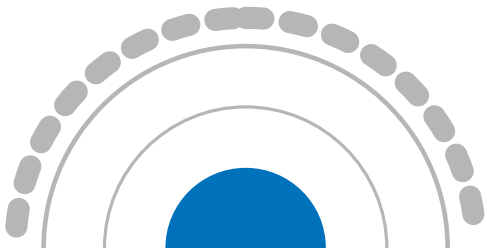


## Introduction

Bangladesh is a disaster prone country. In particular, the coastal region in the south-western part of the country is often affected by cyclone, tidal surge, water logging and salinity intrusion. These hazards cause damage to life, asset and environment; disrupt life and livelihood and force affected communities in serious distresses. Recovering from such situations require humanitarian assistance.

The institutional knowledge and information on disaster risk enhances community's disaster management capacities. It helps communities reduce their disaster risks to a great extent.

This pocket book from PROSHAR brings some institutional knowledge and information together. This will help enhance disaster management capacities of the communities in south-western region of the country.





## Introduction

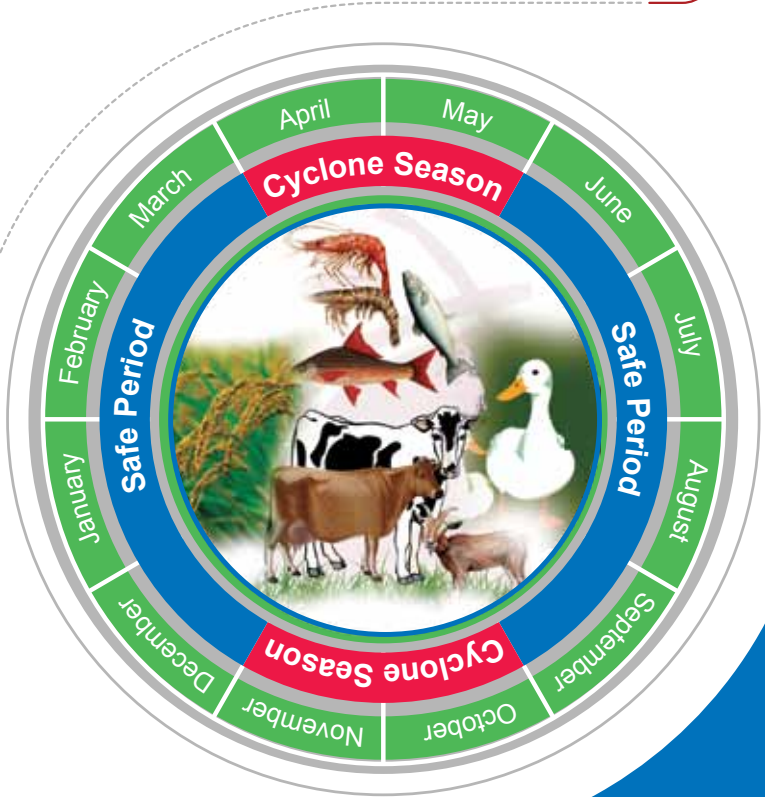
Apply own capability;  
make progress in disaster risk reduction





Minimize Loss of Life and Asset

Consider cyclone season in cultivation;  
Reduce crop losses





## Minimize Loss of Life and Asset

Collectively build  
house on raise ground;  
get protection from  
storm and flood



Tie and strengthen pole, cross-beam and four  
corners of roof; protect house against storm damage



## Minimize Loss of Life and Asset

Raise pond bank; get  
potable water during disaster

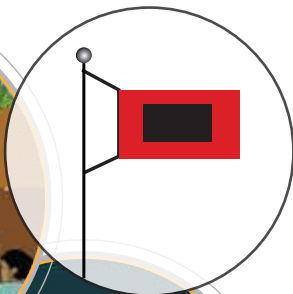


Grow local variety tree more;  
reduce cyclone impact



## Minimize Loss of Life and Asset

Listen weather bulletin in radio regularly in cyclone season;  
save life and asset during disaster







## Minimize Loss of Life and Asset

Wrap valuable items in polythene when the danger signal sounds, put it in pot and bury that underground; protect valuables against flood and cyclone





## Minimize Loss of Life and Asset

Stop going to sea for fishing and take safe shelter when warning signal is announced; save life during cyclone

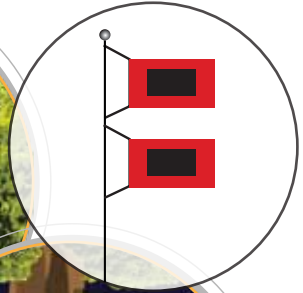


Keep cattle and goat in safe place, if not possible, untie them; save livestock during cyclone.



## Minimize Loss of Life and Asset

When cautionary signal is announced, keep plough, yoke and fishing net tying with tree; protect livelihood tools from cyclone and storm surge.





## Keep Life and Livelihood Functioning

Develop skills for varieties of work;  
keep earning round the year



Building social network;  
overcome crises collectively



Use safe water; keep water borne diseases away  
Saline free water from river or pond can be treated through PSF



Safe water can be available through storing rainwater



## Keep Life and Livelihood Functioning

Take care of children and pregnant women even during disaster; ensure good health of children



Even during disaster, ensure physician checks up, when pregnant women shows danger signs; save life of mother and children



Arrange special learning session when damage school building due to flood and cyclone;  
prevent school dropout





## Minimize Distress of Affected People

Teach girls and boys how to swim;  
save lives during flood and tidal surge



Find out, beforehand where to go;  
stay safe during disaster





## Minimize Distress of Affected People

Save small amounts regularly;  
enhance capacity to face disasters



Make portable earthen stove;  
reduce hardship of cooking during flood



## Minimize Distress of Affected People

Firstly, taken to safe shelter are disable people, older, children and pregnant mother, reduce family risk





## Minimize Distress of Affected People

Wear saloarkamiz instead of saree and do hair tied with a piece of cloth; women save lives during flood and tidal surge



Even in disaster keep continue solely on breast feeding children less than six months; ensure child nutrition



## Minimize Distress of Affected People

Arrange play and recreation even during disaster;  
keep children physically and mentally well





## Minimize Distress of Affected People

Listen to each other during disaster;  
reduce emotional distress of self and others





## Summary

Keep eyes on cyclone signal flag; take decision accordingly  
Action for community according to cyclone flag

Signal **1,2,3**



Signal **4,6**



Signal **8,9,10**





## Summary

Work together to reduce risk;  
keep safe in flood and storm.



